



# CATERING MENU

DELIVERY OR PRE-ORDER FOR PICKUP AT [EBCATERING.COM](http://EBCATERING.COM)

## BAGELS & SHMEAR

Served with Utensils, Plates & Napkins

### Bagels & Shmear Baker's Dozen 🚫

13 Fresh-Baked Bagels & 2 Tubs Shmear (Serves up to 13)

With Gourmet Bagels

### Bagels & Shmear Nosh Box 🚫

24 Fresh-Baked Bagels & 4 Tubs Shmear (Serves up to 24)

With Gourmet Bagels

### Fresh-Baked Bagels

Ancient Grain 280 Cal	Cinnamon Sugar 320 Cal
Asiago 300 Cal	Everything 280 Cal
Blueberry 290 Cal	French Toast 370 Cal
Chocolate Chip 300 Cal	Plain 270 Cal
Cinnamon Raisin 280 Cal	Sesame Seed 290 Cal

### Gourmet Bagels

Cheesy Hash Brown 400 Cal	Six Cheese 370 Cal
Green Chile 390 Cal	

### Double-Whipped Shmear Tubs

Garden Veggie* 540 Cal	Plain 630 Cal
Honey Almond* 🚫 630 Cal	Reduced Fat Plain* 540 Cal
Jalapeño Salsa* 540 Cal	Smoked Salmon 540 Cal
Onion & Chive 630 Cal	Strawberry* 560 Cal

### Toppings

Butter Blend 200 Cal	Peanut Butter 🚫 160 Cal
----------------------	-------------------------



## EGG SANDWICHES

Served with Utensils, Plates & Napkins

### Signature Egg Sandwich Nosh Box **INDIVIDUALLY WRAPPED**

Chef-inspired fresh-cracked, cage-free egg & bagel sandwiches.  
Farmhouse 790 Cal, Chorizo Sunrise 920 Cal, Bacon & Cheddar 580 Cal, Turkey-Sausage & Cheddar 560 Cal, Ham & Swiss 540 Cal, Garden Avocado 🚫 500 Cal, Cheddar Cheese 🚫 590 Cal  
Dozen  
Half Dozen

### Classic Egg Sandwich Nosh Box **INDIVIDUALLY WRAPPED**

An assortment of our most popular fresh-cracked, cage-free egg sandwiches on a Plain Bagel.  
Bacon & Cheddar 550 Cal, Turkey-Sausage & Cheddar 560 Cal, Ham & Swiss 530 Cal, Garden Avocado 🚫 500 Cal, Cheddar Cheese 🚫 490 Cal  
Dozen  
Half Dozen

### Thintastic Egg White Sandwich Nosh Box

**INDIVIDUALLY WRAPPED**

Santa Fe on Asiago Thintastic Bagel 420 Cal  
Bacon, Avocado & Tomato on Plain Thintastic Bagel 420 Cal  
Dozen  
Half Dozen

## BREAKFAST FAVORITES

### Brunch Box

6 Bagels, 1 Tub Shmear, 1 Farmhouse Egg Sandwich, 2 Bacon & Cheddar Egg Sandwiches, 4 Twice-Baked Hash Browns and 4 Blueberry Muffins. (Serves 6-8)

### Traditional Nova Lox\*\* Salmon Platter

Complete with 13 Fresh-Baked Bagels, Lox 700 Cal, Capers 0 Cal, Tomatoes 50 Cal, Red Onions 25 Cal, Cucumbers 45 Cal, Lemons 15 Cal, Lettuce 15 Cal & 2 Tubs of Shmear (Serves up to 13)

### Mixed Bagels & Sweets Nosh Box

An assortment of 9 Muffins & Assorted Pastries plus 12 Bagels with 2 Tubs of Shmear (Serves up to 21)



### VEGETARIAN 🚫 CONTAINS NUTS 🚫

\*25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.

# SWEETS & MORE

## Sweets Nosh Box

Muffins & Assorted Pastries

Blueberry Muffin 450 Cal, Chocolate Chip Coffee Cake 550 Cal,  
Greek Yogurt Cherry Pastry 360 Cal  
Dozen or Half Dozen

## Mini Sweets Platter

Bite Size Greek Yogurt Cherry Pastries 120 Cal

Two Dozen or Dozen

## Cookie Variety Box 🍪

Assorted Full-Size Gourmet Cookies Fresh-Baked Daily

Dozen or Half Dozen

## Sweets & Coffee Break ☕

Large (Serves up to 12)

2 Coffee for the Group, 1 Half Dozen Cookie Variety Box,  
1 Half Dozen Sweets Nosh Box with Muffins and Assorted Pastries

Small (Serves up to 6)

1 Coffee for the Group, 2 Cookies, 4 Assorted Muffins & Pastries

# LUNCH SANDWICHES

Served with Utensils, Plates, Napkins & Pickle 5 Cal

## Signature Lunch Nosh Box **INDIVIDUALLY WRAPPED**

Tasty Turkey on Asiago Bagel 510 Cal, Avocado Veg Out on Sesame Bagel 🥑 420 Cal, Ham & Swiss on Plain Bagel 560 Cal, and Turkey, Bacon & Avocado on Plain Bagel 660 Cal,

10 Full Sandwiches (cut in half & wrapped)

5 Full Sandwiches (cut in half & wrapped)

## Classic Lunch Nosh Box **INDIVIDUALLY WRAPPED**

Turkey & Cheddar on Potato Roll 550 Cal, Ham & Swiss on Potato Roll 560 Cal and Avocado Veg Out on Sesame Bagel 🥑 420 Cal

10 Full Sandwiches (cut in half & wrapped)

5 Full Sandwiches (cut in half & wrapped)

## Individual Kettle Chip Bags 180 Cal per Bag

10 or 5 Bags

# INDIVIDUAL LUNCH BOX

Served with Sea Salt Chips 180 Cal, Pickle 5 Cal and Gourmet Cookie 310-460 Cal

## Nova Lox\*\* 480 Cal

Nova Lox, Red Onion, Capers, Tomato with Plain Shmear on Plain Bagel

## Tasty Turkey 510 Cal

Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmear on Asiago Bagel

## Avocado Veg Out 🥑 420 Cal

Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce, with Garden Veggie Shmear on Sesame Bagel

## Turkey, Bacon & Avocado 660 Cal

Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on Plain Bagel

## Turkey & Cheddar 550 Cal

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion with Mayo & Deli Mustard on Plain Bagel

## Ham & Swiss 560 Cal

Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion with Mayo & Deli Mustard on Plain Bagel

\*\*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

WE LOVE COFFEE TOO,  
THAT'S WHY WE PROUDLY BREW



# BEVERAGES FOR THE GROUP

## Coffee Canteen for the Group

Your choice of one of our Fresh-Brewed Coffee Blends conveniently served in a portable & pourable box with cups, lids, half & half, sweeteners & stir sticks (96 oz - Serves up to 10) Choose from:

**Medium Roast** Smooth & Classic 5 Cal

**Vanilla Hazelnut** 🍪 Vanilla & Nutty Medium Roast 5 Cal

**Dark Roast** Full-bodied & Chocolatey 5 Cal

**Decaf** Smooth & Classic Medium Roast 5 Cal

## Cold Brew Coffee for the Group 5 Cal

Includes cups, lids, half & half, sweeteners & stir sticks. (64 oz - Serves up to 6)

## Hot Tea for the Group 5 Cal

Includes cups, lids, half & half, sweeteners & stir sticks. (96 oz - Serves up to 10)

## Orange Juice for the Group 1227 Cal

Includes cups and ice. (64 oz - Serves up to 6)

## Iced Tea for the Group 520 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

## Iced Tea Lemonade for the Group 350 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

## Lemonade for the Group 630 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

## Individual Bottled Beverages

