



CATERING MENU

DELIVERY OR PRE-ORDER FOR PICKUP AT EBCATERING.COM

BAGELS & SHMEAR

Served with Utensils, Plates & Napkins

Bagels & Shmear Baker's Dozen 🍯

13 Fresh-Baked Bagels & 2 Tubs Shmear (Serves up to 13)

With Gourmet Bagels

Bagels & Shmear Nosh Box 🍯

24 Fresh-Baked Bagels & 4 Tubs Shmear (Serves up to 24)

With Gourmet Bagels

Fresh-Baked Bagels

| | |
|-------------------------|------------------------|
| Ancient Grain 280 Cal | Cinnamon Sugar 320 Cal |
| Asiago 300 Cal | Everything 280 Cal |
| Blueberry 290 Cal | French Toast 370 Cal |
| Chocolate Chip 300 Cal | Plain 270 Cal |
| Cinnamon Raisin 280 Cal | Sesame Seed 290 Cal |

Gourmet Bagels

| | |
|---------------------------|--------------------|
| Cheesy Hash Brown 400 Cal | Six Cheese 370 Cal |
| Green Chile 390 Cal | |

Double-Whipped Shmear Tubs

| | |
|-------------------------|----------------------------|
| Garden Veggie* 540 Cal | Plain 630 Cal |
| Honey Almond* 🍯 630 Cal | Reduced Fat Plain* 540 Cal |
| Jalapeño Salsa* 540 Cal | Smoked Salmon 540 Cal |
| Onion & Chive 630 Cal | Strawberry* 560 Cal |

Toppings

| | |
|----------------------|-------------------------|
| Butter Blend 200 Cal | Peanut Butter 🍯 160 Cal |
|----------------------|-------------------------|

EGG SANDWICHES

Nosh Boxes Served with Utensils, Plates & Napkins

Classic Egg Sandwich Individual Breakfast

INDIVIDUALLY WRAPPED

Any classic egg sandwich with two cage-free eggs served with a Twice-Baked Hash Brown side 190 Cal: Bacon & Cheddar 520 Cal, Turkey-Sausage & Cheddar 550 Cal, Ham & Swiss 530 Cal, Cheddar Cheese 🍯 490 Cal

Add-On Twice-Baked Hash Brown

Complete your breakfast with a crispy, four-cheese Twice-Baked Hash Brown (up to 12) 190 Cal

Signature Egg Sandwich Nosh Box **INDIVIDUALLY WRAPPED**

Chef-inspired fresh-cracked, cage-free egg & bagel sandwiches. Farmhouse 790 Cal, Chorizo Sunrise 920 Cal, Bacon & Cheddar 580 Cal, Turkey-Sausage & Cheddar 550 Cal, Ham & Swiss 540 Cal, Garden Avocado 🍯 500 Cal, Cheddar Cheese 🍯 590 Cal

Dozen

Half Dozen

Classic Egg Sandwich Nosh Box **INDIVIDUALLY WRAPPED**

An assortment of our most popular fresh-cracked, cage-free egg sandwiches on a Plain Bagel.

Bacon & Cheddar 520 Cal, Turkey-Sausage & Cheddar 560 Cal, Ham & Swiss 530 Cal, Garden Avocado 🍯 500 Cal, Cheddar Cheese 🍯 490 Cal

Dozen

Half Dozen

Thintastic Egg White Sandwich Nosh Box

INDIVIDUALLY WRAPPED

Santa Fe on Asiago Thintastic Bagel 420 Cal

Bacon, Avocado & Tomato on Plain Thintastic Bagel 420 Cal

Dozen

Half Dozen

BREAKFAST FAVORITES

Brunch Box

6 Bagels, 1 Tub Shmear, 1 Farmhouse Egg Sandwich, 2 Bacon & Cheddar Egg Sandwiches, 4 Twice-Baked Hash Browns and 4 Blueberry Muffins. (Serves 6-8)

Traditional Nova Lox** Salmon Platter

Complete with 13 Fresh-Baked Bagels, Lox 700 Cal, Capers 0 Cal, Tomatoes 50 Cal, Red Onions 25 Cal, Cucumbers 45 Cal, Lemons 15 Cal, Lettuce 15 Cal & 2 Tubs of Shmear (Serves up to 13)

Mixed Bagels & Sweets Nosh Box

An assortment of 9 Muffins & Assorted Pastries plus 12 Bagels with 2 Tubs of Shmear (Serves up to 21)

VEGETARIAN 🍯 CONTAINS NUTS 🍯

*25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.



SWEETS & MORE

Sweets Nosh Box

Muffins & Assorted Pastries

Blueberry Muffin 450 Cal, Chocolate Chip Coffee Cake 550 Cal,
Greek Yogurt Cherry Pastry 360 Cal

Dozen or Half Dozen

Mini Sweets Platter

Bite Size Greek Yogurt Cherry Pastries 120 Cal

Two Dozen or Dozen

Cookie Variety Box 🍪

Assorted Full-Size Gourmet Cookies Fresh-Baked Daily

Dozen or Half Dozen

Sweets & Coffee Break ☕

Large (Serves up to 12)

2 Coffee for the Group, 1 Half Dozen Cookie Variety Box,
1 Half Dozen Sweets Nosh Box with Muffins and Assorted Pastries

Small (Serves up to 6)

1 Coffee for the Group, 2 Cookies, 4 Assorted Muffins & Pastries

LUNCH SANDWICHES

Served with Utensils, Plates, Napkins & Pickle 5 Cal

Signature Lunch Nosh Box **INDIVIDUALLY WRAPPED**

Tasty Turkey on Asiago Bagel 510 Cal, Avocado Veg Out on Sesame Bagel 🥑 420 Cal, Ham & Swiss on Plain Bagel 560 Cal, and Turkey, Bacon & Avocado on Plain Bagel 660 Cal,

10 Full Sandwiches (cut in half & wrapped)

5 Full Sandwiches (cut in half & wrapped)

Classic Lunch Nosh Box **INDIVIDUALLY WRAPPED**

Turkey & Cheddar on Potato Roll 550 Cal, Ham & Swiss on Potato Roll 560 Cal and Avocado Veg Out on Sesame Bagel 🥑 420 Cal

10 Full Sandwiches (cut in half & wrapped)

5 Full Sandwiches (cut in half & wrapped)

Individual Kettle Chip Bags 180 Cal per Bag

10 or 5 Bags

INDIVIDUAL LUNCH BOX

Served with Sea Salt Chips 180 Cal, Pickle 5 Cal and
Gourmet Cookie 310-460 Cal

Nova Lox** 480 Cal

Nova Lox, Red Onion, Capers, Tomato with Plain Shmear
on Plain Bagel

Tasty Turkey 510 Cal

Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with
Onion & Chive Shmear on Asiago Bagel

Avocado Veg Out 🥑 420 Cal

Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce,
with Garden Veggie Shmear on Sesame Bagel

Turkey, Bacon & Avocado 660 Cal

Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato
with Roasted Tomato Spread on Plain Bagel

Turkey & Cheddar 550 Cal

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion
with Mayo & Deli Mustard on Plain Bagel

Ham & Swiss 560 Cal

Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion
with Mayo & Deli Mustard on Plain Bagel

**COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW
OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF
FOODBORNE ILLNESS.

2,000 calories a day is used for general nutrition advice, but calorie
needs vary. Additional nutrition information available upon request.

WE LOVE COFFEE TOO,
THAT'S WHY WE PROUDLY BREW



BEVERAGES FOR THE GROUP

Coffee Canteen for the Group

Your choice of one of our Fresh-Brewed Coffee Blends conveniently
served in a portable & pourable box with cups, lids, half & half,
sweeteners & stir sticks (96 oz - Serves up to 10) Choose from:

Medium Roast Smooth & Classic 5 Cal

Vanilla Hazelnut 🍪 Vanilla & Nutty Medium Roast 5 Cal

Dark Roast Full-bodied & Chocolatey 5 Cal

Decaf Smooth & Classic Medium Roast 5 Cal

Cold Brew Coffee for the Group 5 Cal

Includes cups, lids, half & half, sweeteners & stir sticks.
(64 oz - Serves up to 6)

Hot Tea for the Group 5 Cal

Includes cups, lids, half & half, sweeteners & stir sticks.
(96 oz - Serves up to 10)

Orange Juice for the Group 1227 Cal

Includes cups and ice. (64 oz - Serves up to 6)

Iced Tea for the Group 520 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

Iced Tea Lemonade for the Group 350 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

Lemonade for the Group 630 Cal

Includes lemons, cups and ice. (64 oz - Serves up to 6)

Individual Bottled Beverages

